



**Subject
Descriptor
Compliant**



Access to HE Diploma (Midwifery)

Diploma Guide

Valid From August 2025
Learning Aim Code: 40014186



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Access to HE Diploma Background and Aims

The Access to Higher Education Diploma is a full Level 3 UK qualification. It is regulated by the Quality Assurance Agency for Higher Education (QAA) which licenses Access Validating Agencies (AVAs) to accredit and award the Access to Higher Education Diploma in the UK.

Access to Higher Education Diplomas enable students to acquire the knowledge and skills necessary to progress to higher education. They are key to widening participation from groups traditionally underrepresented at higher education institutions and are therefore aimed particularly, though not exclusively, at adults without traditional qualifications.

The aims of the Access to HE Diploma are to:

- prepare students who are returning to education for progression to Higher Education, further training in a related vocational or occupational area
- help students develop the skills and knowledge they need to achieve on their chosen HE course or career pathway
- familiarise students with the teaching and learning methodologies and assessment strategies found in Higher Education Institutions (HEIs)
- help students to gain confidence in their abilities, to review and monitor their own progress and to become independent students
- develop students' research, planning, analytical and evaluation skills
- enable students to make informed choices about future progression routes.

Diploma development

Skills and Education Group Access has worked with curriculum specialists and higher education colleagues to develop the Access to HE Diploma (Midwifery). Every Diploma is validated by the AVA through a robust and rigorous peer panel process which then recommends approval to the AVA's Access to HE Committee. By taking into consideration the views of Further and Higher Education practitioners, the AVA ensures that the Diploma meets all QAA requirements and that it enables students to complete a planned, balanced and coherent programme of study, through which they have been able to acquire a subject knowledge and develop academic skills which are relevant to the intended progression route(s).

LC 50a: This QAA recognised Access to HE Diploma is validated for delivery within the UK by a provider with a main base in the UK (including the Channel Islands and the Isle of Man) only.

LC 50c: Only students with a UK address (including BFO) can be registered for an Access to HE Diploma.

Diploma Specification

The QAA Diploma Specification states that the Access to HE Diploma is a:

- unitised qualification, based on units of assessment which are structured in accordance with the Access to HE unit specification
- credit-based qualification, operated in accordance with the terms of the Access to HE credit specification
- graded qualification, as determined by the Access to HE Grading Scheme.

About this qualification

AVA Diploma Access to HE Diploma	Main Classification (Sector Subject Area)	Sub-Classification
(Midwifery)	1: Health Public Services and Care	1.2: Nursing and subjects and vocations allied to medicine

This Diploma specification is valid from: 01/08/2025

Diploma revalidation date: 31/07/2029

The Access to HE Diploma (Midwifery) provides students with a solid foundation in midwifery and healthcare. It prepares them for higher education and careers in midwifery, equipping them with the knowledge, specific skills, and transferable skills needed to support women during pregnancy, childbirth, and postnatal care. Through a variety of units and practical experiences, students will gain a deep understanding of human biology, healthcare practices, and the psychological aspects of midwifery.

A. Key Knowledge:

1. Human Biology:

- Understanding of body structure and function, the endocrine system, and the human musculoskeletal system.
- Knowledge of human reproduction, growth, and development, as well as the human urinary system.
- Insight into infection and immunity, nutrition and digestion, and the cause and control of disease.

2. Midwifery and Healthcare:

- Knowledge of hormone regulation in human reproduction and development.
- Understanding of foetal development, monitoring and intervention, pregnancy, and health.
- Awareness of equality, diversity, and inclusion in healthcare settings.

B. Subject-Specific Skills:**1. Midwifery Practices:**

- Skills in healthcare communication, professionalism, and working in multidisciplinary teams.
- Ability to apply principles of safeguarding and reflective practice.
- Ability to understand early attachment and development, and perspectives in psychology.

2. Scientific Understanding:

- Knowledge of the structure and function of cells.
- Understanding the safe and ethical use of generative artificial intelligence in healthcare.

C. Transferable Skills:**1. Research and Academic Skills:**

- Enhanced research skills and ability to understand opportunities in higher education.
- Development of academic writing skills and reading and note-making abilities.

2. Communication and Professional Skills:

- Improved communication skills and display the ability to work in professional healthcare settings.
- Experience in reflective practice and understand how to maintain professionalism in multidisciplinary teams.

D1.1 (45) Subject Descriptor Compliance

The Access to HE Diploma (Health Science Professions) complies with the subject descriptor requirements as mandated by QAA in the **Subject Descriptor for Nursing and Health Professions** document. Please note that the table below shows the minimal credit requirements as set out by QAA, Skills Education Group Access may have increased the minimum credit requirements in Skills Education Group Access in subjects in the Rules of Combination.

Content of the descriptor

Summary of essential requirements for this descriptor

Essential subject content	Minimum credit requirement at Level 3		Minimum credit requirement at Level 2
	Graded	Ungraded	Ungraded
Biology	15		
Numeracy in Health Context			3
Professional Behaviours: Nursing and Health Professions		3	

	Level 3	Level 2 or 3	Total
Total minimum credits for essential subject content	18	3	21
Credits remaining for recommended or other subject content	27	12	39

Essential requirements

Subject: Biology Level: 3 Minimum credit value: 15

About this subject

A firm grounding in the key principles and processes of biology is essential for pursuing a career in nursing and health professions. While undergraduate courses will also include the study of biology, the inclusion of the minimum content defined here will ensure that Access to HE students are well prepared to gain maximum benefit from their degree studies.

Required content:

- cell structure
- cell function
- transport - for example, osmosis
- homeostasis
- human anatomy and physiology to include a minimum of **THREE** systems from the following: cardiovascular; respiratory; digestion and nutrition; muscular-skeletal; excretion; endocrine; nervous system; genetics.
- additional content may include immunity/defence against disease, reproduction, thermoregulation.

In addition, to the essential biology content, students will also need to cover the essential elements for **numeracy at Level 2** and **Professional Behaviours at Level 3**. Further specific information can be found in the subject descriptor document via the QAA website, which also contains guidance on the use of recommended, not mandatory, subject content which could be used to deliver the Diploma to students.

Intended Progression Routes

LC 61a and 61b: Access to HE Diplomas are intended to provide a preparation for study in UK higher education, but the award of a Diploma does not provide guaranteed entry to UK higher education programmes.

The following progression routes were agreed at the point of validation as being appropriate choices for students who achieve the Access to HE Diploma (Midwifery), subject to the course entry requirements and application process.

- Midwifery degree/apprenticeship
- Nursing
- Other careers allied to health (e.g. podiatry)
- General health qualifications (e.g. Health and Social Care, Health Science).

Students could also apply to courses such as biology or child development depending upon the entry requirements of the specific university, however, if this is the student's intention from the outset there are other diplomas which would better suit the student's planned progression.

Students should always check the entry requirements of the higher education course they intend to apply to before enrolling on an Access to HE Diploma.

It is essential that providers delivering this Diploma consult receiving HEIs themselves to ensure that suitable and relevant progression opportunities are sound. Evidence of HEI consultation and progression possibilities will be identified in the provider's Programme Submission Document.

Access to HE Diploma provider assessment strategy advice

QAA states that the Access to HE Diploma provides '*HE progression opportunities for adults who, because of social, educational or individual circumstances may have achieved few, if any, prior qualifications*'. They also state that, '*Students who are awarded the Diploma will have completed a planned, balanced and coherent programme of study, through which they have been able to acquire subject knowledge and develop academic skills which are relevant to the intended progression route(s)*'. Therefore all approved providers need to develop diploma assessment strategies which outline what assessment activities the students will undertake, how they will be used and why they have been chosen in order to achieve the learning aims:

1. **What** is the aim of the diploma assessment strategy?
2. **How** will it be achieved?
3. **Why** has this approach been chosen?

Assessment design:

Access to HE Diplomas should be assessed using innovative and contemporaneous methods, tailored to prepare students studying at Level 3 for study at Higher Education. Assessment design should be holistic, ensuring students can demonstrate attained knowledge, skills and behaviours in and across units and assessments should reflect those likely to be encountered on Higher Education courses in the same field of study. Specific assessment guidance should be provided for each unit to ensure consistency and fairness across all student achievements.

In addition, providers must ensure that assessment methods are chosen which afford students opportunities to demonstrate the requirements of the three Grading Standards; Knowledge and Understanding, Subject Specific Skills and Transferable Skills.

Assessment design should comply with the requirements of the QAA Grading Scheme (2024) and also be aligned to the principles of assessment: Validity, Authenticity, Reliability, Currency and Sufficiency (VARCS).

LC 50g: Tutor/Assessor qualifications and experience specifically required for delivery and assessment of this diploma:

Generally, and as a minimum, it is expected that provider staff teaching on the Diploma have the required professional competence and skills necessary for the mode(s) of delivery to be used, and the level of subject expertise necessary to teach and assess the units available on the Diploma.

Rules of Combination

Where options are available within a single set of rules of combination, which allow alternative requirements for the achievement of a named Diploma, the alternatives permitted by the options are consistent, in terms of academic challenge and demand, and will require equivalent standards for achievement, whenever and wherever it is delivered.

Access to HE Diploma (Midwifery)	
Credit Value of the Diploma:	60
Students must achieve all the units within the Diploma.	
<p>All Diplomas are 60 credits, irrespective of the place, subject or mode of study. Of the 60 credits 45 must be from graded units concerned with academic subject content, with the remaining 15 credits to be achieved from ungraded units.</p> <p>In addition, all students must study a minimum of ten 3 credit units and at least one 9 or 6 credit unit up to a maximum of 30 credits, which may or may not be graded.</p>	
Students can achieve up to a maximum of 30 credits at Level 3 through credit transfer and the award of credit through the recognition of prior learning.	
<p>Students undertaking any Access to HE Diploma, whatever their mode of study, must be:</p> <ul style="list-style-type: none"> a) registered and certificated for units to a maximum value of 60 credits b) registered for units to the value of 60 credits no later than 84 days from the start date of their Access to HE course, or before the student makes a formal application to a higher education course through UCAS or any other application process, whichever date occurs first. 	

Appendix 1 - Units of Assessment – Access to HE Diploma (Midwifery)

For every unit included in the table, further information is included in the Unit Specifications, including learning outcomes and assessment criteria.

Grading Standards (Applied to all graded units)

1	Knowledge and Understanding of the Subject	KU
2	Subject Specific Skills	SS
3	Transferable Skills	TS

Students must study a minimum of TEN, 3 credit units and at least ONE 6 or 9 credit unit up to a maximum of 30 credits.

To comply with the QAA Subject Descriptor for Nursing, Health Professionals and related courses the following Rules of Combination must be followed.

Students must take a minimum of **15 credits** from the mandatory biology graded units below.

Mandatory Graded Units (15 credits as a minimum)

Unit Title	National Code	Level	CV
Cellular Structure and Activity*	RH3/3/AA/16G	Three	3
The Structure and Function of Cells*	RH3/3/AA/26G	Three	6
Endocrine System	RH4/3/AA/26G	Three	3

(Providers must take the **Endocrine System** unit)

*These may not be taken together, only one OR the other is permitted.

Select the remaining mandatory biology graded unit credits from:

Unit Title	National Code	Level	CV
Human Musculoskeletal System	RH4/3/AA/04G	Three	3
Human Urinary System	RH4/3/AA/07G	Three	3
Nervous System	RH4/3/AA/14G	Three	3
Systems Physiology	RH4/3/AA/18G	Three	6

(Providers must take these two mandatory ungraded units.)

Mandatory Ungraded Units

Unit Title	National Code	Level	CV
Numeracy in a Health Context	HD4/2/AA/01U	Two	3
Professional Behaviours: Nursing and Health Professions	PH1/3/AA/01U	Three	3

Recommended (NOT mandatory) Optional Graded Units

Unit Title	National Code	Level	CV
Human Sex and Reproduction	RH4/3/AA/28G	Three	3
Genetics	RH3/3/AA/02G	Three	6
Infection and Immunity	RH4/3/AA/29G	Three	6

Optional Graded Units. Choose the remaining graded credits from:

Unit Title	National Code	Level	CV
Equality, Diversity and Inclusion in Healthcare Settings	PA1/3/AA/01G	Three	3
Professionalism and Multidisciplinary Teams	PA1/3/AA/16G	Three	3
Perspectives in Psychology	PK1/3/AA/21G	Three	3
Early Attachment and Development	PK3/3/AA/05G	Three	3
Hormone Regulation of Human Reproduction and Development	RH4/3/AA/03G	Three	3
The Cause and Control of Disease	RH4/3/AA/10G	Three	3
Pregnancy and Health	RH4/3/AA/12G	Three	3
Human Reproduction, Growth and Development	RH4/3/AA/27G	Three	3
Nutrition and Digestion	RH4/3/AA/30G	Three	3
Mental Health and Coping Strategies	PH4/3/AA/06G	Three	6
Foetal Development, Monitoring and Intervention	RH4/3/AA/11G	Three	6

Optional Ungraded Units. Choose the remaining 9 credits from:

Unit Title	National Code	Level	CV
The Safe and Ethical Use of Generative Artificial Intelligence	CK5/3/AA/01U	Three	3
Academic Writing Skills	HC7/3/AA/01U	Three	3
Reading and Note Making	HC7/3/AA/02U	Three	3
Researching and Understanding Opportunities in Higher Education	HC7/3/AA/04U	Three	3
Reflective Practice	HC7/3/AA/16U	Three	3
Healthcare Communication	PA1/3/AA/01U	Three	3
Principles of Safeguarding	PR2/3/AA/01U	Three	3

Inclusion and Exclusion Rules of Combination

Barred Unit 1	National Code	CV	Barred Unit 2	National Code	CV
Cellular Structure and Activity	RH3/3/AA/16G	3	The Structure and Functions of Cells	RH3/3/AA/26G	6